Supporting Information

Table SI.1: Water (river water, surface porewater and subsurface porewater) chemistry characterisation. ¹Concentrations of nitrite (and nitrate below IC detection limit (42 μ M)) have been obtained from segmented-flow analysis and not from IC analysis.

		<u>S1</u>			S2			S 3			S4	
	River	Surface	Subsurface	River	Surface	Subsurface	River	Surface	Subsurface	River	Surface	Subsurface
Salinity	0.4	0.3	0.2	3.5	3.1	1.8	21.6	17.0	17.7	26.1	28.0	32.1
рН	7.87	-	-	7.52	-	-	7.90	-	-	8.02	-	-
Conductivity (mS/cm)	0.7383	-	-	5.731	-	-	30.48	-	-	36.42	-	-
NO3 ⁻ (μM)	266	36	37	250	17	26	248	66	17 ¹	241	78	71
$\mathbf{NO}_2^- (\mathbf{\mu}\mathbf{M})^1$	1.6	0.2	0.4	1.6	0.1	0.3	0.4	0.9	<ldl< th=""><th>0.7</th><th>1.0</th><th><ldl< th=""></ldl<></th></ldl<>	0.7	1.0	<ldl< th=""></ldl<>
$\mathbf{NH_{4^{+}}}\left(\mu\mathbf{M} ight)$	7	12	67	7	25	73	12	73	994	23	166	126
SO 4 ²⁻ (mM)	1	2±0	2±0	3	6±1	3±1	16	33±4	33±2	22	32±4	40±2
Cl ⁻ (mM)	2	4	3	38	49	28	306	265	276	443	347	501
Al (µM)	0.26	0.53	0.29	0.32	0.43	0.37	47.44	47.81	47.44	49.30	41.88	48.93
Fe (µM)	0.1	0.4	4.9	0.1	0.1	0.3	1.2	1.6	3.6	1.8	0.9	3.3
Mn (µM)	1.4	3.4	82.3	1.0	5.1	49	0.6	60	0	23	15	62
Zn (µM)	0.15	0.12	0.01	0.16	0.06	0.04	8.49	3.87	3.52	8.03	3.53	3.53
Cu (µM)	0.05	0.08	0.10	0.05	0.06	0.05	3.70	8.26	8.32	3.76	8.94	8.06

Detection limits of nutrients were calculated as three times the standard deviation of analyses of 5 Milli-Q (Millipore) ultra-pure water samples. For ammonium, nitrate, sulphate and chloride limits of detection are reported in Table SI.2. After some tests with the column-switch method, nitrite was only detected in a set of standards spiked with a high-concentration nitrite solution (Nitrite Nitrogen Standard for IC, Fluka Analytical). Nitrite was not detected in natural samples, so it was not included finally in the study.

The accuracy of the analyses in the IC was tracked by analysis of certified reference material (SPS-NUTR WW2 Batch 115 and MOOS-3 Seawater Certified Reference Material for Nutrients). The SPS CRM was used in the runs for sulphate and chloride analysis since seawater samples were diluted 20 fold.

Table SI. 2: Summary of analytical quality control data: LDL, relative standard deviation (%RSD) and CRM.

	LI	DL	%R	SD	CRM	I certified values	CRM measur	red values	
Salinity range of samples	0-4	≥4	0-4	≥4	0-4	≥4	0-4	≥ 4	
$NH_4^+(\mu M)$	0.34	0.18	3.1	1.0		na	na		
NO3 ⁻ (μM)	17	42	7.8	8.0	5.00±0.05 mg/L (SPS)	1.43±0.00 mg/L (MOOS-3)	9.1±0.3 mg/L	2.8±2.4 mg/L	
SO ₄ ²⁻ (mg/L)	0.9	75	<	2	100)±1 mg/L (SPS)	104.1±4.5mg/L		
Cl ⁻ (mg/L)	5	.4	<	2	50.0	±0.5 mg/L (SPS)	2S) 50.2±0.7 mg/L		

SI.3 Sediment characterisation whats

Energy disperse XRF analysis was carried out on an Olympus Innovex X-5000 spectrometer. The instrument was run in two separate modes using powdered samples. Major elements were determined using a calibration dependant method (using a range of certified natural sediment and shale rock standards, CCRMP). Minor and trace elements were determined using the manufacturers precalibration with Compton normalisation was also applied to reduce problems with matrix effects. Several relevant reference materials (standardized stream sediments, CCRMP) were run for quality check. Analytical uncertainty (measured values versus certified values) was $< \pm 30\%$ for Mg, $< \pm 20\%$ for S, Cl and K and, $< \pm 10\%$ for all other elements.

A printable version of the reference certificate for the CCRMP can be found in the following website: <u>http://www.nrcan.gc.ca/mining-materials/certified-reference-materials/certificate-price-list/8023</u>. The

collection and preparation of the four stream sediment reference materials are described in Lynch (1990).

The elemental composition of the estuarine sediments is summarised in Table SI.3. Table SI.4 shows the measured concentrations and certified values of standard reference sediments that were run for quality check.

	Sediment	A1 (9/)	$\mathbf{F}_{0}\left(0'_{0}\right)$	Mn (nnm)	A c (nnm)	Cd (nnm)	Cr (nnm)	Cu (ppm)	V (nnm)	7 n (nnm)	Ni (nnm)
	type	AI (70)	re (70)	Mill (ppill)	As (ppiii)	Cu (ppm)	CI (ppiii)	Cu (ppiii)	v (ppm)	zn (ppm)	M (ppm)
S1	surface	3.08±0.95	2.77±0.76	656±8	23±4	<2	69±4	31±4	61±1	132±3	57±22
51	subsurface	3.89±0.15	3.30±0.74	785±8	20±2	<2	82±3	33±3	71±2	149±4	66±1
52	surface	3.75±0.17	3.05±0.63	681.±20	18±3	<2	76±13	31.5±2.1	62±2	139±4	51±4
52	subsurface	3.90±0.16	2.89±0.52	654±5	18±2	<2	77±13	27±2	62±4	129±4	71±4
62	surface	$5.15.0.33 \pm$	3.75±0.74	847±6	19±2	<2	107±1	39±2	80±3	161±3	73±8
55	subsurface	5.00 ± 0.35	4.10±0.85	969±7	37±4	<2	118±3	31±3	98±3	199±13	84±9
64	surface	5.61±0.37	4.48±0.99	758±14	30±1	<2	116±3	33±2	93±2	174±4	68±8
84	subsurface	5.48±0.44	4.28±0.89	732±11	25±2	<2	113±4	37±11	99±8	167±6	71±5

Table SI.3: Elemental composition of the solid phase (XRF analysis)

Table SI.4: Comparison of certified values and measured values of CRM for major and minor elements expressed in % and ppm respectively (averaged values, n=2).

Constituent	STSD-1 CRM	Measured STSD-1	STSD-2 CRM	Measured STSD-2	STSD-3 CRM	Measured STSD-3	STSD-4 CRM	Measured STSD-4
Al (%)	4.7	3.4	8.5	7.1±0.1	5.7	4.8±0.1	6.4	4.7
Fe (%)	4.5	5.4	5.2	6.2±0.1	4.3	5.3±0.2	4.0	4.4
Mn (ppm)	3740	2759±2394	720	1050±8	2630	2936±18	1200	1553±16
As (ppm)	17	33±12	32	44±2	22	31±1	11	12±1
Cd(ppm)	0.8	ND	0.8	ND	1	ND	0.6	ND
Cr(ppm)	28	89±35	50	114±10	34	82±6	30	76±9
Cu(ppm)	36	32±7	43	36±2	38	31±6	66	55±6
V(ppm)	47	96±2	58	98±3	61	169±6	51	166±8
Zn (ppm)	165	209±36	216	238±7	192	208±4	82	86±7
Ni (ppm)	18	ND	47	26±8	25	ND	23	ND

SI.4 ICP analyses information

SI.4.1 Instrument information

The analyses were performed using a Thermo Scientific iCAPQc Inductively Coupled Plasma Mass Spectrometer (ICP-MS).

Aluminium was analysed in standard mode and all other elements in Kinetic Energy Discrimination (KED) mode using helium as a collision gas to remove polyatomic interferences (Table SI.5).

Element	Mass (m/z)	Instrument Mode
Al	27	Std
V	51	KED
Cr	52	KED
Mn	55	KED
Fe	56	KED
Со	59	KED
Cu	63	KED
Zn	64	KED
As	75	KED
Cd	112	KED

 Table SI. 5: Summary of the elements and modes used.

SI.4.2 Sample and standard preparation

For the brackish-seawater analysis, samples were diluted 50 fold in 1 % v/v HNO₃ before analysis (0.2 ml sample + 9.8 ml diluent) to reduce matrix effects during the analysis.

Standard additions type calibration was used for the analysis using 1:50 diluted NASS-6 Seawater Certified Reference Material (CRM) as the standard matrix (<u>http://www.nrc-</u> <u>cnrc.gc.ca/eng/solutions/advisory/crm/certificates/nass_6.html</u>). The CRM used for the spikes was SLRS-5 (<u>http://www.speciation.net/Database/Materials/National-Research-Council-of-Canada-NRC--</u> <u>CNRC/SLRS5-River-water-reference-material-for-trace-metals-;i1230</u>).

Calibrations were performed in the range of 1-100 μ g L⁻¹.

Blanks of 3 % w/v NaCl solution were prepared.

As internal standardisation, Rhodium at a concentration of 1 ppb was added to all standards and samples for use as an internal standard.

For the freshwaters, everything was run as above except they were analysed with no dilution.

SI.4.3 Analytical figures of merit

Limits of detection were calculated from repeated measurements of 5 individual blank solutions using the equation below.

$$LOD = 3\sigma_{5 Blanks}$$

Accuracy of the method was estimated by spiking a sample with a known amount of analyte and measuring the analyte recovery. Sample and Sample + Spike were analysed 5 times.

$$\% Recovery = 100 \times \frac{M_{Spike} - M_{Sample}}{C_{spike}}$$

Where M_{spike} = Measured concentration of spiked sample.

M_{Sample} = Measured concentration of sample.

 $C_{Spike} = Actual concentration of spike.$

Precision of the method was assessed from the repeated measurement of one sample 6 times and reported as the 95% confidence interval of these results.

$$\bar{x} \pm \frac{t_{n-1}s}{\sqrt{n}}$$

Where n = number of measurements

n-1 = degrees of freedom (5)

- t = t value (2.78 for 4 degrees of freedom)
- s = calculated standard deviation of 5 measurements
- x = calculated mean of 5 measurements

Certified Reference Material

The Certified Reference Material (CRM) used was NASS-6 Certified reference material. This is a seawater reference material.

SI.4.4 Quality Control, LDL and error details for ICP-MS analyses

The NASS-6 was not used as a CRM, it was used as a seawater base to test spike recoveries. The seawater samples were diluted by 1:50 to reduce the salinity and matrix effects of the samples on the

analysis. It would therefore be inappropriate to use unaltered NASS-6 as a CRM as the matrix would be completely different from our samples (~3% NaCl for NASS-6 and ~0.1% NaCl for samples).

The point of the procedure outlined above was to test the accuracy of the analysis using a process called **spike recoveries**. This is a standard analytical technique where a sample is taken and analysed, then a known amount of metal is added and the sample re-analysed. In theory one should get 100% recovery of the added metals. In this case, NASS-6 was used as a convenient source of clean seawater as the sample not as a formal CRM. As the samples were diluted 1:50, it was more appropriate to analyse an unaltered freshwater CRM with them. In this case SLRS-5 was used and excellent recoveries were obtained. The quality control data (Table SI.6) show that, with the exception of the aluminium, the concentrations detected from samples containing 1:50 fold dilution of the seawater certified material (zero standard) spiked with a 5 ppb metal concentration solution, were in fact around 5 ppb. From this control test the recovery was >95%, the LDL was 0.027 ppb and the uncertainty 3.72 %.

See also below for details about the summary of SLRS-5 CRM quality data (Table SI.7), and LDL and errors of the different ICP-MS analyses (Tables SI.8).

For the method validation, the protocol followed was:

1) Two blanks are run to start to start with.

2) The calibration is carried out with standards (from 0-10 ppb) made up with 1:50 seawater reference material.

3) Subsequently, blanks (x6) are run.

4) Then, 1:50 seawater spiked with 0.5ppb (metal concentrations) solution is run (x3 times) followed by a 1:50 seawater spiked with 5ppb (metal concentrations) solution (x3 times).

5) Afterwards, two different samples diluted 1:50 (with no spike) (x5 times) are run; followed by the same samples (x5 times) diluted 1:50 but spiked with 10 ppb standard solution.

6) Next, 1:50 seawater spiked with 0.5ppb (metal concentrations) solution (x3 times) and 1:50 seawater spiked with 5ppb (metal concentrations) solution (x3) are run again.

6) To finish, more blanks are run (x6 times).

 Table SI.6:
 Summary of the quality control data.

	27A1	51V (KED)	52Cr	55Mn	56Fe	59Co	63Cu	64Zn	75As	112Cd	60Ni
	(STD)	[ppb]	(KED)	(STD)	(KED)						
	[ppb]		[ppb]								
Zero Std	4,539	0,07	0,049	0,04	0,563	0,003	0,136	0,418	0,061	0,008	0,18
Blank	4,662	0,005	0,03	0,04	1,031	0,003	0,202	0,416	0,009	0,005	0,589
1:50 NASS6 + 5 ppb	10,032	4,63	4,892	4,988	5,029	4,957	5,043	5,694	4,887	5,191	5,086
1:50 NASS6 + 5 ppb	11,569	5,106	5,055	4,971	5,485	4,993	5,063	5,115	5,052	4,914	4,801
1:50 NASS6 + 5 ppb	10,278	4,425	4,469	4,395	4,929	4,526	4,674	4,965	4,793	5,14	5,371
1:50 NASS6 + 5 ppb	10,501	4,632	4,648	4,579	5,135	4,63	4,807	5,103	4,965	5,063	4,898
1:50 NASS6 + 5 ppb	10,797	4,696	4,798	4,758	5,293	4,74	4,889	5,164	4,995	5,085	4,896
1:50 NASS6 + 5 ppb	11,512	5,007	5,003	5,04	5,551	4,941	4,981	5,216	5,179	5,005	4,959
1:50 NASS6 + 5 ppb	11,374	5,183	5,147	5,253	5,707	4,974	5,1	5,796	5,132	4,888	5,088
1:50 NASS6 + 5 ppb	11,909	5,164	5,124	5,328	5,814	4,952	5,021	5,219	5,032	4,758	5,199
Mean	10,997	4,855	4,892	4,914	5,368	4,839	4,947	5,284	5,004	5,006	5,037
Adjusted Mean (Mean-	6,458	4,785	4,843	4,874	4,805	4,836	4,811	4,866	4,943	4,998	4,857
Zero Std)											
Stdev	0,687	0,293	0,241	0,320	0,323	0,181	0,146	0,297	0,125	0,144	0,187
% Recovery	129,2	95,7	96,9	97,5	96,1	96,7	96,2	97,3	98,9	100,0	97,1

Element	Mean of 6 measurements / ng L-1	CRM Spected value / ng L-1	CRM spected error / ng L-1
V	324	317	33
Cr	227	208	23
Со	61	50	*
As	431	413	39
Cd	7.20	6.00	1.4
Ni	531	476	64
	Mean of 6 measurements / µg L-1	CRM spec value / µg L-1	CRM spec error / µg L-1
Al	51.9	49.5	5.00
Mn	4.34	4.33	0.18
Fe	94.2	91.2	5.80
Cu	18.5	17.4	1.30

Analysis and details		Al	V	Cr	Mn	Fe	Со	Ni	Cu	Zn	As	Cd	Pb
Step 1 from Sequential	LDL / ppb	23.5	0.363	1.34	2.00	26.50	0.069	0.610	1.10	2.73	0.298	0.137	0.238
Extractions. 1 M MgCl ₂ (1% v/v HNO3)	% uncertainty	4.14	2.81	1.93	5.15	4.2	0.92	1.15	1.37	1.40	4.19	0.89	2.32
Step 2 from Sequential	LDL / ppb	36.4	0.26	0.60	3.65	60.5	0.18	1.58	6.99	2.46	0.58	0.19	0.38
Extractions. 1 M NaOAc (1% v/v HNO3)	% uncertainty	4.50	3.64	2.87	5.24	4.20	3.43	4.48	8.33	5.70	4.41	2.21	3.18
Step 3 from Sequential Extractions. 0.04 M	LDL / ppb	55.07	0.20	0.91	1.19	0.13 ppm	0.17	2.72	2.45	4.83	0.54	0.15	0.23
NH ₂ OH·HCl in 25% v/v HOAc (1% v/v HNO3).	% uncertainty	3.74	2.67	2.71	2.48	5.44	3.30	3.76	4.05	3.69	3.11	2.91	2.94
Step 4 from Sequential Extractions. HNO ₃ + 30%	LDL / ppb	122	0.53	0.96	3.44	0.06 ppm	0.25	1.86	2.32	1.73	1.08	0.22	0.25
H ₂ O ₂ + 3.2 M NH ₄ OAc (1% v/v HNO3)	% uncertainty	5.55	3.14	2.88	3.43	3.27	2.53	2.95	2.66	2.74	1.09	1.15	1.31
"High salinity water" samples	LDL / ppb	7.91	0.14	0.09	0.87	2.16	0.35	0.027	1.35	6.04	0.24	0.03	-
(S3 and S4) from filtered river water and resuspension experiment (x50 fold)	% uncertainty	0.45	0.48	0.26	0.48	0.80	0.58	3.72	0.68	1.28	1.39	1.00	-
"Low salinity water" samples	LDL /ppb	0.974	0.003	0.016	0.1	0.651	0.001	0.096	0.249	0.701	0.005	0.014	0.059
(S1 and S2) from filtered river water and resuspension experiment	% uncertainty	2.0	1.5	1.0	3.1	1.7	2.7	8.9	1.2	5.9	5.1	3.0	8.4

Table SI.8: Additional information of instrument LDL and uncertainty (% error at 95% confidence interval) for the different analyses carried out.

The following table (Table SI.9) shows the summary of the low detection limits taken into account the dilution of the samples that were analysed. The subsamples for ICP-MS analysis were diluted (x5) with MilliQ water and acidified ($1 \% v/v HNO_3$). The volume of the samples recovered for ICP-MS analysis (after centrifugation and filtration) varied, so the dilution factor was corrected by weight difference. The low detection limit reported below is the more conservative (taken from the more diluted sample analysed).

Table SI.9: Summary of LDL for "low salinity" (0-4) and "high salinity" (≥4) samples

	Al	V	Cr	Mn	Fe	Со	Cu	Zn	As	Cd
Low salinity	8	0.02	0.1	0.8	5.5	0.01	2.1	6	0.04	0.1
LDL / ppb										
High salinity	50	1.0	0.6	5.5	13.6	2.2	8.5	38	1.5	0.2
LDL / ppb										





Figure SI.1: pH changes during the resuspension experiments using surface (A) and subsurface (B) sediments from the inner estuary sites; and surface (C) and subsurface (D) sediments from the outer estuary sites.



Figure SI.2: Eh changes during the resuspension experiments using surface (A) and subsurface (B) sediments from the inner estuary sites; and surface (C) and subsurface (D) sediments from the outer estuary sites.

SI.6 Sediment grain size characteristics

Table SI.10 Sediment grain size (as the upper bound diameter of the sample at 50% of cumulative percentage of particles by volume), water content (%)

 (both from this study); classification, sorting classification and mean silt content (%), from Mortimer *et al.* (1999).

Site and	l sample	Sediment D50 (µm)	Water content (%)	Sediment classification	Sorting classification	Mean silt (%)	
Boothferry	Surface	53	42	not available	not available	not available	
(S1)	Subsurface	37	35	not uvunuoie	not uvunuoie	not uvunuore	
Blacktoft	Surface	47	42	Very fine sand/coarse	Poorly sorted	58	
(S2)	Subsurface	47	39	silt	roony source		
Paull (S3)	Surface	16	55	Coarse silt	Poor to moderate	86	
1 uun (55)	Subsurface	19	41	Course she			
Skeffling	Surface	13	54	Coarse silt	Moderate	90	
(S4)	Subsurface	16	37		moderate	20	



Figure SI.3: Granulometry of the estuarine sediments as a percentage (by volume) of the grain size (µm) classes.

SI.7 Nutrient and metal fluxes

Table SI.11: Calculated nutrient and metal fluxes during a resuspension experiments carried out with surface and subsurface sediments. The fluxes have been calculated for the two time-windows discussed in the manuscript. Green cells indicate positive fluxes (to the water column) and red cells indicate negative fluxes (to the sediment).

Calculate	d fluxes(m	moles/m2/da	ay)											
	Ν	O ₃ -	Ν	H_4^+	Μ	\ln^{2+}	S	O4 ²⁻	*Fe	e ²⁺ (s)	7	Zn	Cu	
	surface	subsurface	surface	subsurface	surface	subsurface	surface	subsurface	surface	subsurface	surface	subsurface	surface	subsurface
S1														
0-1h	-2.2	12.1	-1.8	7.3	1.1	6.3	110.0	73.3	-79.8	0.0	3.5	0.2	0.0	0.4
1h-48h	0.3	0.3	0.2	-0.1	0.0	-0.1	1.5	1.5	-17.7	-31.0	-0.1	0.0	0.0	0.1
S2														
0-1h	49.9	69.4	-2.2	1.8	0.4	4.2	36.7	183.3	21.3	-637.5	2.4	-0.3	-0.1	0.2
1h-48h	0.0	0.0	0.2	0.0	0.0	-0.1	10.7	3.1	-7.8	-12.8	-0.1	0.0	0.0	0.0
S 3														
0-1h	-9.2	-15.0	-2.9	45.8	9.9	2.5	36.7	586.7	70.1	416.5	190.3	127.0	71.7	46.5
1h-48h	0.7	0.1	0.1	-0.8	-0.2	0.0	18.3	18.3	-14.6	-101.4	-4.9	-16.0	-1.6	-0.9
S4														
0-1h	1.8	-1.5	-4.8	18.7	14.0	-0.7	-623.4	-770.1	-1341.0	-271.4	586.6	344.1	220.3	120.8
1h-48h	1.2	0.1	0.1	-0.5	0.0	-0.2	26.7	56.5	-5.3	-126.3	-3.8	-9.0	-4.9	-2.9

* In the case of $Fe^{2+}_{(s)}$ is not a flux since it represents iron transformation (i.e. redox transformations) within the sediments

The calculated fluxes (for the short timescale, 0-1 hrs of resuspension) can be used to give crude estimates of the role played by the intertidal mudflats in the nutrient budget of the estuary when we upscale those fluxes to the whole estuary (Table SI.12). The intertidal area can be subdivided into outer estuary (Humber Bridge to Spurn, which would include the middle estuary in Mortimer *et al.*, 1998) middle estuary and inner estuary (Humber Bridge to Trent Falls), giving areas of 99 and 16 km2 respectively.

For the nitrogen species, we have calculated the amounts of nitrate and ammonia that are removed or released to the water column during the resuspension. Resuspension events were not considered in other works that have calculated nitrogen fluxes on the Humber estuary (Sanders *et al.*, 1997, Mortimer *et al.*, 1998; Barnes & Owens 1998). Here we compare our estimations with those reported by Mortimer *et al.* (1998).

The resuspension of surface sediments would be a source of nitrate in the inner estuary but nitrate is mainly consumed in the outer estuary (sink) (23.8 mmoles/m²/day average in the inner estuary and -12.1 mmoles/m²/day average in the outer estuary). This contrasted with Mortimer *et al.*, (1998) fluxes of nitrate, which were negative also in the inner estuary (-13.4 mmoles/m²/day). Nitrate fluxes increased when we consider the resuspension of subsurface sediments. For the ammonium, our estimations show a completely different scenario if surface or subsurface sediment are being resuspended. For surface sediments, both, inner and outer estuary will be a sink for ammonium (-2 and -3.9 mmoles/m²/day respectively). However subsurface sediment resuspension will be a major source of ammonium (4.6 and 32.3 mmoles/m²/day), which agrees with the conclusions in Mortimer *et al.*, (1998). Overall, intertidal sediments seem to be a sink for DIN when surface sediment resuspension is considered, but a major source when subsurface sediments are mobilised. So if major resuspension events are more frequent, general considerations about nitrogen and other important elements budgets should be taken into account.

Surface see	diment resuspension				
	Average NO ₃ ⁻	Average NH ₄ ⁺	NO ₃ ⁻	NH_4^+	Overall DIN
	flux	flux	kmoles/day	kmoles/day	kmoles/day
	(mmoles/m ² /day)	mmoles/m ² /day			
inner	23.8	-2.0	358	-30	
estuary					
outer	-12.1	-3.9	-1198	-381	
estuary					
whole			-840	-411	-1252
estuary					
Subsurface	e sediment resuspens	sion			
	Average NO ₃ ⁻	Average NH ₄ ⁺	NO ₃ -	NH_4^+	
	flux	flux	kmoles/day	kmoles/day	
	(mmoles/m ² /day)	mmoles/m ² /day			
inner	40.8	4.6	611	69	
estuary					
outer	-3.9	32.3	-381	3195	
estuary					
whole			230	3263	3494
octuory		1			

Table SI.12: Estimated nitrate and ammonium fluxes for the Humber Estuary.

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